

Chapter 1: Dance For Change

Rules and Regulations

1. General Overview

1.1. METAMORPH Singapore (the “Competition”) is organized by UDO Singapore in collaboration with Me2 Centre of Inclusive Arts.

1.2. By registering, participants agree to abide by these Terms & Conditions (T&C) and any additional rules communicated by the organizers.

1.3. The organizers reserve the right to amend these T&C at any time; updates will be shared via official channels.

2. Eligibility

2.1. Open to Singapore and International Teams.

2.2. Categories:

- **Varsity Category:** Open to participants currently enrolled in a university in Singapore. Students enrolling in or graduating in 2025 are also eligible. Teams may consist of members from different schools.
- **Open Category:** Open to participants of all ages.

2.3. Each participant is allowed to compete in **only one team across both categories.**

2.4. Teams must consist of **minimally 5 dancers and no more than 10 dancers.**

3. Registration

3.1. Registration closes on **7 October 2025, 11:59 PM (SGT).**

3.2. Registration is complete only upon:

- Submission of the registration form with accurate details:

<https://forms.gle/oUpXdD8BkxTihXhf8>

3.3. Any submissions after this deadline will be strictly considered on a case-by-case basis and are **subject to the discretion of the organizers.**

- Full payment of the registration fee of **SGD \$600 per team** before the deadline.

3.3. Registration fees are non-refundable, except in cases of event cancellation by the organizers.

3.4. Refunds will not be provided for participant withdrawals or postponement due to external circumstances.

3.5. Any false or incomplete information will result in immediate disqualification.

4. Competition Themes

Teams are invited to craft their performance around one of the following themes:

- **The Unheard** – Dance that reclaims voices that have been silenced or forgotten.
- **The Unseen** – Dance that brings attention to those often overlooked.
- **The Unspoken** – Dance that explores taboos and grief.
- **The Undoing** – Dance that expresses joy, dignity, and transformation through truth, inclusion, and change.

Important: For Chapter One, METAMORPH is collaborating with **Me2 Centre of Inclusive Arts**, an organization dedicated to addressing the post-18 support gap for persons with disabilities and ensuring that the arts remain a lifelong platform for growth, expression, and inclusion.

*All teams are strongly encouraged to **reference Me2 Centre’s mission and values within their narrative or concept** to align with the Competition’s purpose of creating meaningful impact through dance. This can be expressed through narrative, visual elements, music, or thematic emphasis.*

<https://www.me2.com.sg/>



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5. Competition Procedure

5.1 Prelims & Finals

- Performance duration: **Maximum 2 minutes 30 seconds.**
- Music format: MP3, 320kbps; submission deadline: 7 days before event day.
- LED screen usage:
 - File format: MP4 or JPEG sequence.
 - Submission deadline: 7 days before event day.
 - Max size: 500MB.
- All files must be submitted via the official link provided upon confirmation into Prelims and Finals by **15 October 2025, 11:59 PM (SGT).**
- Upload your music/background video here: <https://forms.gle/wgVWvPH7rLY382Hx6>

6. Judging Criteria

Performances will be evaluated based on the following (Total: 60 points):

- Narrative / Theme / Concept – 10 pts
- Execution of Street Dance & Choreo – 10 pts
- Overall Creativity – 10 pts
- Performance Skill – 10 pts
- Stagecraft – 10 pts
- Connection with the video – 10 pts

Judges' decisions are final and non-contestable.

7. Prizes

Category Prizes (Both Varsity & Open):

- **Champion:** SGD \$8,000
- **Second Place:** SGD \$5,000
- **Third Place:** SGD \$3,000

Special Award:

- **Overall METAMORPH Popularity Vote:** SGD \$888

Determined by total likes and shares of each team's video on the official METAMORPH Instagram page. Details will be announced in due course. Voting details, including the posting date and closing date for engagement counts, will be announced on our official Instagram page.

8. Stage & Technical Information

- Stage size and floor details will be provided upon confirmation.
- Props are allowed but must be safe, pre-approved, and must not damage the stage. No liquids, powders, or hazardous items are permitted.
- LED visuals must not contain explicit or offensive content. The organizers reserve the right to reject unsuitable material.
- A technical rehearsal schedule will be communicated prior to the event.



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9. Code of Conduct

- All participants must maintain professionalism and respect toward others.
- Harassment, discrimination, or misconduct will result in immediate disqualification.
- Costumes and choreography must be suitable for a general audience.

10. Media & Intellectual Property

- By participating, teams grant the organizers the right to record, photograph, and use any content from the event for promotional purposes without additional compensation.
- Teams are responsible for securing legal rights for any music and visuals used.
- The organizers are not liable for copyright claims arising from participants' use of unlicensed materials.

11. Disqualification Conditions

Teams may be disqualified for:

- Late submissions
- False information
- Unauthorized member substitutions after registration
- Breach of Code of Conduct or plagiarism of choreography

12. Health, Safety & Insurance

- Participants assume full responsibility for their health and safety.
- The organizers are not liable for injury, loss, or damage during rehearsals or the event.
- By participating, teams agree to release and hold harmless UDO Singapore, Me2 Centre of Inclusive Arts, and event partners from any claims arising during the event.
- Participants are strongly encouraged to have personal insurance coverage.

13. Amendments & Force Majeure

The organizers reserve the right to:

- Amend these Terms & Conditions with prior notice
- Cancel or postpone the event due to unforeseen circumstances (e.g., government regulations, natural disasters)

Organizer:

Stellar Events Pte Ltd

For enquiries, please email to

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www.udosingapore.com/metamorph

@metamorphdance

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ADVISORS ALLIANCE GROUP